Curriculum Vitae

Christopher A. Heck, M.D.
Spine Surgeon

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Education

May 1993	McGill-Toolen High School, Mobile, Alabama
June 1997	B.S. Auburn University, Auburn, Alabama Magna Cum Laude
May 2001	M.D. University of South Alabama, Mobile, Alabama
2001-2002	General Surgery Intern, University of Kentucky College of Medicine, Lexington, Kentucky
2002-2006	Orthopaedic Surgery Resident, University of Kentucky College of Medicine, Lexington, Kentucky
2006-2007	Spine Fellowship, Duke University, Durham, North Carolina

USMLE Examinations

Step 1 – 241, Pass, June 14, 1999
Step 2 – 228, Pass, July 2, 2000
Step 3 – 199, Pass, February 11, 2002

Orthopaedic Board Examinations

Part I – 236 (93rd percentile), Pass, July 24, 2006
Part II – Certified 7/21/11 – 12/31/2021

Work Experience

2018-present	Southlake Orthopaedics Sports Medicine & Spine Center, PC (Birmingham, Alabama)
2007-2017	Southern Orthopaedic Surgeons, LLC (Montgomery, Alabama)
2011-present	NuVasive Course Instructor
2015-present	Independent Medical Expert, Ombudsman Program, Alabama Workers' Compensation Medical Services Board
2015-2017	Independent Reviewer, Nexus Medical Consulting (Utilization Review Accreditation Commision)
2016-present	Independent Reviewer, MLS Group of Companies, Inc. (Utilization Review Accreditation Commision)
2016-present	Independent Reviewer, ExamWorks (Utilization Review Accreditation Commision)
2016-present	Independent Reviewer, Network Medical Review, Co, Ltd. (Utilization Review Accreditation Commision)
2017-present	Independent Reviewer, Reliable Review Services (Utilization Review Accreditation Commision)

Medical Licensure

Alabama

Procedural Training

Synthes
- ProDisc-C Artificial Disc Training (Denver, CO) – 2008
- ProDisc-L Artificial Disc Training (New York, NY) – 2008

Medtronic
- DLIF Training (Memphis, TN) – 2007
- Spine Surgeon Transition Program (Memphis, TN) – 2007

Kyphon
- Kyphoplasty Instructional Course (Charlotte, NC) – 2006
- X-Stop Instructional Course (Durham, NC) – 2007

Zimmer
- Dynesys Training (Durham, NC) – 2007

Globus
- Osteotomy & Sagittal Balance Course (Chicago, IL) – 2013

SI-Bone
- iFuse Training (Houston, TX) – 2012
- Advanced iFuse Training (Chicago, IL) – 2014

NuVasive
- XLIF Training (Baltimore, MD) – 2007
- Advanced XLIF Training (San Diego, CA) – 2008
- TLIF Training (San Diego, CA) – 2010
- Corpectomy Training (San Diego, CA) – 2010
- MAS PLIF Training (San Diego, CA) – 2012
- ACR XLIF Training (San Diego, CA) – 2013

Baxano
- IO-Flex Training (Orlando, FL) – 2010

LDR
- Cervical disc arthroplasty (Boston, MA) – 2015
- OLIF Training

Mazor
- Robotic Spine Instrumentation Training (Orlando, FL) – 2017

Positions

American Academy of Orthopaedic Surgeons
- Congressional Ambassador – 2014-present

Alabama Orthopaedic Society
- President – 2016-17
- President-Elect – 2015-16
- Board of Directors – 2013-18

Southern Orthopaedic Association
- Finance Committee – 2014-16
- State Councilor – 2010-present
- Board of Directors – 2014-present

Montgomery County Medical Society, Board of Directors – 2010-11

First United Methodist Church of Montgomery, Board of Directors – 2009-11

Baptist Medical Center South
- Pharmacy & Therapeutics Committee – 2008-2015

Organizational Memberships

Montgomery Surgical Society – 2014-present
National Osteoporosis Foundation – 2013-2014
Society of Lateral Access Surgeons – 2009-present
Medical Association of the State of Alabama – 2008-present
Alabama Orthopaedic Society – 2007-present
Southern Orthopaedic Association – 2007-present
Piedmont Orthopaedic Society – 2007-present
AOSpine North America – 2007-present
North American Spine Society– 2004-present
American Academy of Orthopaedic Surgeons, Member – 2001-present

Publications

Acute Bilateral Thigh Compartment Syndrome: A Case Report
Orthopaedics – March 2009
Venous Thromboembolism in Spine Surgery
Journal of the American Academy of Orthopaedic Surgeons – November 2008

Presentations

Perioperative Predictors of Radiographic Outcome in Neuromuscular Hip Dysplasia
Southern Medical Association (Poster) – 2006
Pediatric Orthopaedic Society of North America Annual Meeting (E-Poster) – 2005
Kentucky Orthopaedic Society Annual Meeting – 2004 & 2005
Mortality of Halo Immobilization for Geriatric Odontoid Fractures
Southern Medical Association - 2006
Orthopaedic Trauma Association Annual Meeting (Poster) – 2006